



Friendship Heights VILLAGE NEWS



**Last Chance for
Flu Shots**
page 16

JANUARY 2006

301-656-2797

VOLUME 20, NO. 8

Sen. George McGovern to speak at the Center

One of our greatest political thinkers, former senator George McGovern, will discuss his book, *Social Security and the Golden Age*, at the Village Center on **Sunday, Jan. 8, at 3 p.m.**, in a Bamberger Series lecture.

In his book, Sen McGovern discusses ways that we can maintain Social Security well into the future with just a few simple steps. He proposes the creation of a partnership across generations, one that will not only keep our most important of social insurance benefits intact, but will also provide many advantages to those over 65 and those who have much to learn from them.

George McGovern served in the U.S. Senate for 18 years and was the 1972 Democratic candidate for president. He directed the first Food for Peace Program under former president John F. Kennedy and was named by former president Bill Clinton in 1997 as the U.S. Permanent Representative to the United Nation's Food and Agriculture Organization. In 2000, he was awarded the nation's highest honor, the Medal of Freedom.

Please sign up in advance by calling the Village Center at 301-656-2797. Copies of the book, provided by Politics and Prose Bookstore, will be available for sale.



An afternoon with Joyce Carol Oates

Joyce Carol Oates, one of the preeminent literary figures and social critics of the 20th century, will read from her books, *Missing Mom* and *The Female of the Species: Tales of Mystery and Suspense*, at the Village Center on **Friday, Jan. 27, at 2 p.m.**

Ms. Oates is a novelist, essayist, critic, poet, playwright, teacher, and short story writer. Her awards include the F. Scott Fitzgerald Award for Lifetime Achievement in American Literature, the PEN/Malamud Award for Excellence in Short Fiction and the National Book Award.

Missing Mom, published in October, is a novel about a young woman's transformation

continued on page 2

Lawrence Wilkerson to speak at the Center

Col. Lawrence Wilkerson, former Chief of Staff at the State Department and Colin Powell's right-hand man, made headlines in November when he criticized the Bush administration in a speech and on the editorial pages of the *Los Angeles Times*. He will speak at the Village Center in a Bamberger Series lecture on **Thursday, Jan. 12, at 7:30 p.m.** He will discuss national security

and the administration's policies in Iraq.

In his speech at the New America Foundation, Col. Wilkerson said of a former defense undersecretary, "Seldom in my life have I met a dumber man;" stated that the vice president and secretary of defense had created a "cabal" to subvert our foreign policy; and accused the president of "cowboyism." In his *Times* piece

he said that the current situation is a "disaster." And in an interview on NPR, Col. Wilkerson alleged that Vice President Cheney's office triggered abuse of Iraqi prisoners and he said to CNN that his involvement with Colin Powell's presentation to the United Nations was "the lowest point" in his life.

Please sign up for the lecture in advance by calling the Village Center at 301-656-2797.

Dinner at 1789... see page 5

CHILDREN'S PROGRAMS

A new year with Somerset Kindergartners

On **Wednesday, Jan. 4**, we'll tackle another fun project with the afternoon kindergarten class from Somerset Elementary School. We'll leave the center at 1 p.m. and should return by 2:15 p.m. Through SKIP (Somerset Kids Participating), a program that teams kindergarten children with local senior citizens, both children and senior citizens have the opportunity to learn from and enjoy each others' company.

SKIP will continue each month through the end of the school year.

Anyone interested in being a SKIP volunteer is asked to call the Village Center at 301 656-2797. Volunteers may attend any or all of the sessions.

A Saturday story of a mitten

Local actress and singer Barbara Papendorp returns to the Village Center for another Saturday Storytime. This time she'll tell the seasonal story of Jan Brett's "The Mitten" on **Saturday, Jan. 21, from 10:30 to 11:30 a.m.** Following the story, children will have the chance to create a charming winter craft. There is no charge for this event, but please call the Center at 301-656-2797 if you plan to attend.

Joyce Carol Oates, continued from page 1

following the loss of her mother. *The Female of the Species*, just out this month, is a gripping collection of mystery and suspense stories.

Please sign up by calling the Village Center at 301-656-2797. Copies of the books, will be available for sale.



Friendship Heights VILLAGE NEWS

www.erols.com/friendshiphtsvillage

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the February issue is January 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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ON the GO...



Take a walk on the moon!

Spend a winter day at Washington's most popular museum, the Smithsonian's National Air and Space Museum. On **Thursday, Feb. 9**, we will tour the museum with a docent and watch the newest IMAX movie, "Magnificent Desolation: Walking on the Moon."

The museum has hundreds of artifacts on display, including the *Wright 1903 Flyer*; the *Spirit of St. Louis*; the Apollo 11 command module *Columbia*; and a Lunar rock sample that visitors can touch. Twenty-two galleries display exhibits like *Space Race*, where artifacts on display include the V2 ballistic missile, a full-size Hubble Space Telescope test vehicle, and the backup Skylab space station that visitors can walk through; *Apollo to the Moon*, where the original space suits worn by Neil Armstrong and Buzz Aldrin on the Moon are on display; *Looking at Earth*, which includes examples of satellite imagery and aerial photography; and *Exploring the Planets*, which has a full-scale replica of the Voyager spacecraft.

Following our tour, we'll attend a showing of "Magnificent Desolation," in the Lockheed Martin IMAX Theater. This 3D movie will take you to the surface of the moon with the original Apollo astronauts. Afterwards, there will be plenty of time to enjoy lunch in the Wright Place Food Court (on your own) or revisit any of the exhibits.

We will leave the Center at 9:30 a.m. and return before 3 p.m. The cost is \$35, which includes transportation, a ticket to the movie, and driver gratuity. Residents and one guest may sign up immediately. Nonresidents may sign up Jan. 14. There are 20 spaces available.

View 'Warhol's Legacy' at the Corcoran

A few spaces remain for our trip to to tour "Warhol Legacy " at the Corcoran Gallery of Art on **Thursday, Jan. 19**. Andy Warhol challenged many cultural assumptions, including traditional distinctions between popular culture and fine art, prints and paintings, and art.

This exhibit features more than 150 paintings, photographs, drawings and sculptures from the collection of The Andy Warhol Museum.

Before our museum visit, we'll enjoy lunch at Café des Artistes at the Corcoran. Our menu will include a choice of warm turkey baguette with sliced smoked turkey, Brie, and cranberry-apple chutney and a petite salad; garden vegetable sandwich of roasted peppers, onions and mushrooms, seasoned with herbed boursin cheese on a multi-grain bread; or grilled chicken salad Caesar salad; and miniature brownies with fresh fruit for dessert. Iced tea, coffee or tea is also included.

We'll depart from the Village Center at 10:45 a.m. and should return by 3:45 p.m. The cost of the trip, which includes transportation, lunch, guided tour, admission to the Corcoran and all gratuities, is \$44.

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Choosing the Oscar winners

Murray Horwitz, Director and Chief Operating Officer of American Film Institute Silver Theatre and Cultural Center, will share with us his experiences as an Academy Awards judge and make some predictions for this years Oscars. Join us **Monday, Feb. 6, at 7:30 p.m.**



Mr. Horwitz has had an extraordinary career in the performing arts, beginning with three years as a clown in the Ringling Bros. Barnum & Bailey Circus. He is the originator and co-author of "Ain't Misbehavin'," one of the longest-running musicals in Broadway history. In addition to Tony, Grammy and New York Drama Critics Circle awards for that show, Horwitz has received two Peabody Awards for his work at NPR, where he was vice president for cultural programming. He has written for the motion picture community, directed network television programs and acted on the stage, screen and television.

Please call 301-656-2797 to register.



Bebe and the BSO

Join us **Thursday, Feb. 16**, for an evening at Strathmore when Emmy Award-winner and two-time Tony Award-winner Bebe Neuwirth appears with the Baltimore Symphony Orchestra. Ms. Neuwirth will perform songs from the shows that made her a Broadway star, including *Cabaret* and *Chicago*, along with *Kiss of the Spider Woman*, *Threepenny Opera* and more.

We will leave the Village Center at 6:30 p.m. and arrive in time for a quick supper at the Prelude Café in the lobby of the Music Center (on your own). We should be home by 10:30 p.m. Cost of the trip, which includes a seat in the Orchestra Tier, transportation, and driver gratuity, is \$82. Residents and one guest may sign up immediately; non-residents may sign up Jan. 14. There are 24 spaces available.

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National security experts to talk on terrorism

In a book that former president Bill Clinton said, "should influence leaders around the world," Daniel Benjamin and Steven Simon contend that the United States is losing the war on terror. They will discuss their book, *The Next Attack: The Failure of the War on Terror and a Strategy for Getting It Right*, at the Village Center on **Monday, Jan. 30, at 7:30 p.m.**

Daniel Benjamin, an expert on global terrorism and counter-terrorism, is a senior fellow at the Center for Strategic and International Studies (CSIS). He previously served as director for counterterrorism on the National Security Council staff and as special assistant and foreign-policy speechwriter for President Clinton. Steven Simon, a professor at Georgetown University, also served on the National Security Council staff, following a career at the U.S. Department of State in Middle Eastern security affairs.

In a November column, Frank Rich wrote that *The Next Attack* is the most thoroughly reported account of why we are losing the war against al Qaeda. Although their book is a sobering analysis of our security and a scathing evaluation of the current administration's responses to the September 11 attacks, the authors will offer remedies for our current situation as well as explore the roots of terrorism.

Please sign up in advance by calling the Village Center at 301-656-2797. Copies of the books, provided by Politics and Prose Bookstore, will be available for sale.

Dine with us at Georgetown's 1789

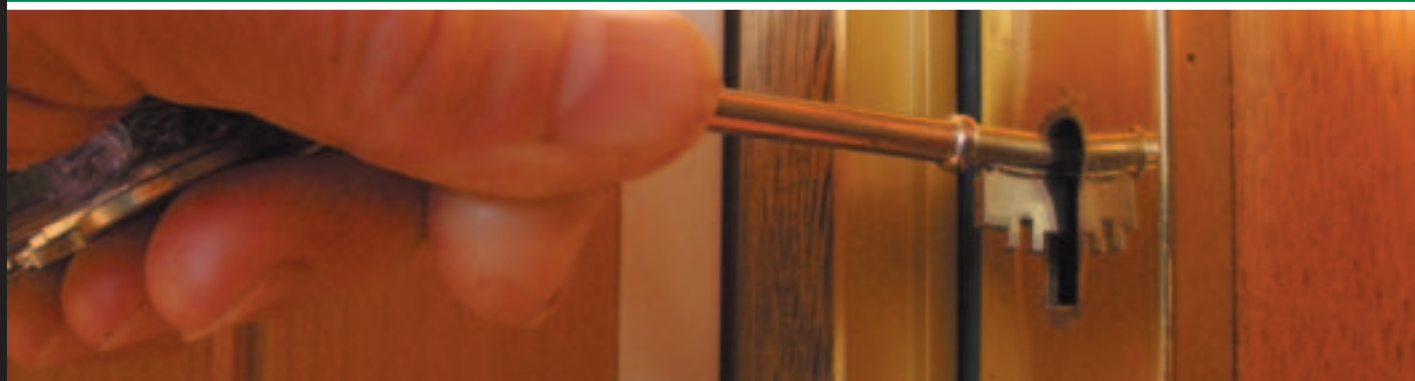
Escape the winter chill with us at one of Washington's most elegant restaurants. Join us on **Monday, Jan. 23**, when we wander down to Georgetown for a leisurely three-course dinner at 1789.

Chosen by readers of *Gourmet* magazine as one of *America's Top Tables*, its inspired creativity is delivered in a relaxed country inn elegance. The menu will include an appetizer, entree of chicken or fish, and a seasonal dessert. Coffee and tea is also included. We will depart from the Center at 5:15 p.m. and should return by 9:15.

The cost of the trip, which includes transportation and dinner, is \$68. Sign-ups for residents and one guest begin immediately; nonresidents may sign up beginning Jan. 9. There are 19 spaces available.

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PLAYING on the BIG SCREEN

All movies now begin at 7 p.m.

Thursday, Jan. 5, 7:00 p.m. — March of the Penguins. In the Antarctic, every March since the beginning of time, the quest begins for penguins to find the perfect mate and start a family. This courtship will begin with a long journey — a journey that will take them hundreds of miles across the continent by foot, in freezing cold temperatures, in brittle, icy winds and through deep, treacherous waters. They will risk starvation and attack by dangerous predators, under the harshest conditions on earth, all to find true love. Narrated by Morgan Freeman. Rated G. Running Time: 85 minutes.

Thursday, Jan. 12, 7:30 p.m. — Lawrence Wilkerson lecture, see page 1 for details.

Thursday, Jan. 19, 7:00 p.m. — Café Muse, see page 14 for details.

Thursday, Jan. 26, 7:00 p.m. — Paper Clips. This documentary chronicles a rural Tennessee middle school's unique class project: finding a meaningful way to honor Holocaust victims. Brought up in a heavily fundamentalist Christian environment, most of the students had never seen, let alone spoken with, a member of the Jewish faith; nonetheless, the children of Whitwell found a poignant method of honoring the slain. Using individual paper clips to represent each life lost in the Holocaust, the students were inundated with contributions from around the world. Eventually, they managed to procure an authentic German rail car, which would become container to the millions of paper clips collected. Rated PG. Running Time: 88 minutes.

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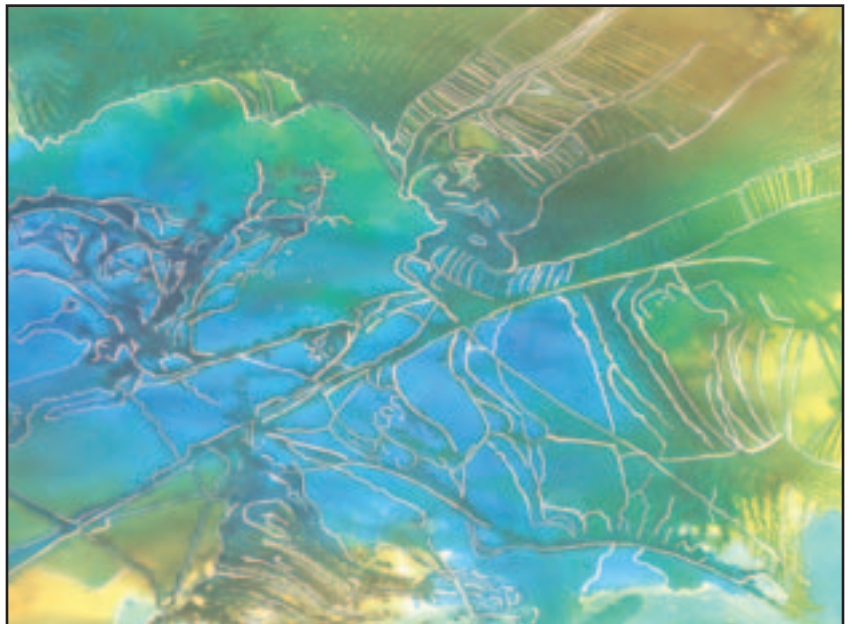
Roving Artists to exhibit at Friendship Gallery

Roving Artists is a non-profit arts organization consisting of 30 Washington D.C. Metropolitan area artists creating art in several media and in a variety of styles. They will exhibit at the Friendship Gallery during the month of January.

The artists are former active members of the Wilson Center Gallery, a cooperative arts group that exhibited in Washington. Recent exhibitions include the National Press Club Invitational and "Interiors" at the National Women's Democratic Club and the Georgetown University Hospital.

The show runs from January 3 to 30. All are invited to meet the artists at a reception on **Sunday, Jan. 8, from 11:30 a.m. to 1:30 p.m.** Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art work in the auditorium is occasionally not available for viewing because of certain activities in that room. Please check with the front desk receptionist when you arrive.

Above: "Landscape Remembered #1" and right: "Abstract #1" by Florence Gang



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NEW CLASSES

ADVANCED BRIDGE

For bridge players with an emphasis on conventions, the play, responses and overcalls. Taught by Martha Lissner, retired teacher and principal and experienced bridge teacher. Each student must bring a deck of cards. 5-week course starts Jan. 9. Meets Mondays from 1 to 4 p.m. (class will not meet on Jan. 16). Cost is \$115 for residents; \$120 for nonresidents.

BRIDGE 2

Continuing Bridge 1 taught by Martha Lissner. Students must have some knowledge of the game. Each student must bring a deck of cards. 5-week course starts January 18. Meets Wednesdays from 1 to 4 p.m. Cost is \$115 for residents; \$120 for nonresidents.

CONVERSATIONAL SPANISH 1

This 10-week course begins Jan. 10. Students will learn basic expressions and grammar. Emphasis will be on conversation, listening comprehension, reading and grammar. Instructor Elena Marra-Lopez has taught teenagers and adults at Sidwell Friends School, Washington International School, Montgomery College and the USDA Graduate School. The class meets Tuesdays, from 9:30 to 11:30 a.m. The cost is \$200 for residents, \$210 for nonresidents and \$100 for anyone 65 or older. Supplies may be an extra charge. Session ends March 14.

CONVERSATIONAL SPANISH 2

This 10-week course begins Jan. 11. This class is for students who have taken Conversational Spanish 1 or have some knowledge of Spanish. They will continue learning conversation, listening comprehension, reading and grammar. The class meets Wednesdays, from 6:30 to 8:30 p.m. The cost is \$200 for residents, \$210 for nonresidents and \$100 for anyone 65 or older. Supplies may be an extra charge. Session ends March 15.

CONVERSATIONAL SPANISH 3

This 10-week course begins Jan. 13. This class is for students who have taken Conversational Spanish 2. The class meets Fridays, from 9:30 to 11:30 a.m. The cost is \$200 for residents, \$210 for nonresidents and \$100 for anyone 65 or older. Supplies may be an extra charge. Session ends March 24 (no class on Feb. 24).

FOOD FOR LIFE

An eight-week session of nutrition and cooking classes provided by the Cancer Project and taught by a team of nutritionists. Begins Jan. 18 and meets Wednesdays from 2 to 3:30 p.m. There is no cost but registration is a must. Please register for the entire series of 8 classes; maximum is 30.

MAT PILATES

A 6-week session begins Jan. 3. Meets Tuesdays from 7 to 8 p.m. The cost is \$70 for residents and \$80 for nonresidents. This particular class is not recommended for pregnant women or those with

serious spinal conditions without a physician's approval. Instructor Ginger Russell has been certified by the *PhysicalMind Institute*. Please bring a Pilates/Yoga mat and bath towel. Session ends Feb. 7. Maximum number of students is 15.

PORTRAITURE IN PENCIL AND PASTEL

This 6-week class is taught by Marianne Winter and begins Jan. 11. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Ms. Winter is an award-winning artist and photographer. Please bring a pad and pencil or pastel to the first class. The cost is \$60. (Maximum number of students is 8). Session ends Feb. 15.

STILL LIFE PAINTING

A 12-week course with noted artist Joan Samworth emphasizing the elements of art: line, color, texture, shape and value. Class is designed to meet the needs of all levels of experience. Advance at your own pace with individual critiques and instruction. Suggested media are pastels, watercolor, acrylics, color pencil. Supply list will be handed out first day of class. Begins Jan. 12. Meets Thursdays from 11 a.m. to 2:30 p.m. (you may bring lunch – brown bag only). The cost is \$165 for residents; \$170 for nonresidents. Last class is March 30.

TAI CHI (Tuesday)

This 6-week session begins Jan. 31. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends March 7.



TAI CHI (Thursday)

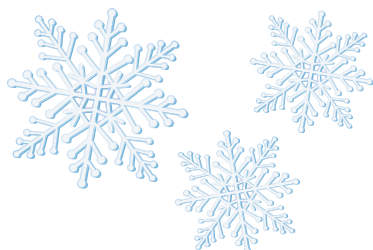
This 6-week session begins Feb. 2. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends March 9.

YOGA (Daytime)

This 8-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins Jan. 22. Meets Sundays from 9 to 10:20 a.m. The session includes semi-strenuous postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothing, bring a blanket or large towel and mat (can be purchased at class). Don't eat for 2 hours before class. The cost is \$80 for residents and \$95 for non-residents. Session ends March 19. Class will not meet Feb. 19. (Students who must miss a class may make it up in the Monday class with the instructor's permission).

YOGA (Evening)

This 8-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins Jan. 23. Meets Mondays from 7:30 to 8:50 p.m. See description above. The cost is \$80 for residents and \$95 for non-residents. Session ends March 20. Class will not meet Feb. 20. (Students who must miss a class may make it up in the Sunday class).



ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse is on hand to offer free blood pressure screenings Tuesdays from 1 to 2:45 p.m. only. The nurse is also available for consultations Tuesdays from 3 to 5 p.m.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

CONCERTS

Free live music is presented every Wednesday throughout the year at 7:30 p.m. Following "Special Lunch" each month there is a free concert at 1 p.m. Check the calendar and concert page for each week's performance information. No registration is required. All are welcome.

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUN- SELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

MOVIES

All are invited to enjoy a movie and popcorn most Thursdays at 7:15 p.m. at the Village Center.

There is no cost. Movie titles listed on the "Big Screen" page.

SCRABBLE

This active group of Scrabble players meets at the Center every Thursday, beginning at 6:30 p.m. All are welcome.

TEA TIME

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers. There is no cost.

VILLAGE PLAY TIME

Children of all ages are welcome to be together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend or family member over age 13.

VISION TRANSITIONS

Low vision doesn't have to mean "no vision." These free monthly meetings offer education and support for people with vision problems. Sponsored by the Prevention of Blindness Society, Vision Transitions meets one Tuesday evening a month at the Village Center and features talks by guest speakers. To register, call 301-656-2797. For more information about Vision Transitions, call 202-234-1010 or visit www.youreyes.org.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis, 301-718-6340, or Marjorie Yahraes, 240-497-0050 for more information.

YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for details.

CONCERTS

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m. in Huntley Hall. *Before entering the auditorium, please turn off any cell phones or electronic devices. If you arrive after the concert has begun, please wait for a break in the performance before entering.*

Wednesday, Jan. 4 — Emery Davis. Emery Davis carries on the great musical tradition set by his father, the renowned orchestra leader, Meyer Davis, and has forged a reputation as a superb musician who adapts comfortably to modern trends, while still maintaining the music of the past 30 or 40 years. After leaving the service, he joined the Pittsburgh Symphony, then played with the Detroit Symphony, the Royal Ballet, the Robert Shaw Choral and the Agnes de Mille Ballet. As director of the Mery Davis Orchestra, his repertoire includes everything from waltz to rock 'n' roll.

Wednesday, Jan. 11 — Silver Strings. This classical quartet, a favorite among Friendship Heights audiences, returns to the Village Center for a performance ranging from classical to jazz, and waltzes to love songs. The quartet features Audrey Maxwell, violin; Richard Weilenmann, piano; Edward Kapuciarz, violin; and Linda Kapuciarz, cello.

Wednesday, Jan. 18 — Les Amis de Mozart. Sheila Grimes leads this duet, with violinist Edward Kapuciarz, for an evening of classical music.

Wednesday, Jan. 25 — Project Natale. Joe and Lou Natale formed Project Natale in 1990 and have been performing traditional jazz songs ranging from popular favorites such as "The Very Thought of You," to their own original compositions such as "I Get Bluesy." Project Natale delivers a smooth, mature style of music to their audiences, successfully combining sounds derived from the deep, moody tones of Joe's upright bass, blended with the bright, toe-tapping sounds of Lou's drumming.



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TO YOUR HEALTH

Changes that affect your game

This month's Suburban Lecture, entitled "The Aging Athlete," will be held on **Wednesday, Jan. 11, at 1 p.m.** Arthritis, tendonitis, and injuries can be problematic for daily activities and certainly when we engage in sports. Learn what causes these conditions and how to treat them to get the most out of your game and your life. Whether it's golf, tennis or skiing, Dr. Neil Barkin, an orthopedist, has some tips for you.

There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.



From left, Regina Martin, Sue Sandstrom, Audrey Berger, Jacquie Koenig, Pat Cunningham and Tobi Esler on the runway at the Draper and Damon's fashion show.
Photo by Joel Williams

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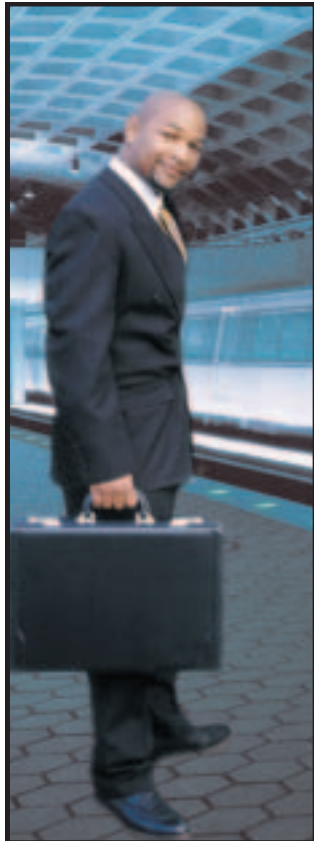
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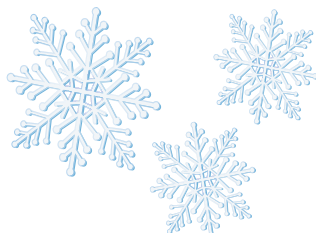
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Café Muse presents

This month's Café Muse, on **Thursday, Jan. 19, at 7 p.m.**, presents poet Donna Denizé and playwright Sean O'Leary.

Sean O'leary's third play, "Pound," which explores the psyche of poet and social commentator, Ezra Pound, received its professional premiere in the fall of 2004 at The Washington Stage Guild in Washington, DC.

Donna Denizé, is an award-winning teacher, former member of the Folger Poetry Board and author of two poetry collections: *Broken Like Job* and a chapbook, *The Lover's Voice*.

Classical guitar selections performed by Michael Davis are presented each month at 7 p.m. Attending poets are invited to participate in an open reading that concludes the Café Muse program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 25 years. The evening is free, but please call the Village Center at 301-656-2797 to let us know you are coming.

A musical welcome with The Landon Symphonette

Members of the Landon Symphonette will perform **Saturday, Jan. 7, from noon to 1 p.m.** at the Village Center. The symphonette is a unique group of talented musicians from Landon School and other area schools playing together with professionals in a mentoring relationship.

The program will include Barber's *Adagio for Strings*; Bach's *Concerto for 2 pianos in C minor*, with soloists Virginia Lum, and Mary Kathleen Ernst; and Haydn's *Symphony No. 45, the 'Farewell.'*

Admission is free— please call the Village Center at 301-656-2797 to ensure seating.

Tax assistance begins in February

Free tax assistance will be available again this year at the Friendship Heights Village Center. Federal and Maryland tax counseling will be offered on Fridays from **Feb. 3 to April 14.**

The IRS-AARP-Montgomery County tax program will be held every Friday from **9 a.m. to noon and 1 to 4 p.m.** This service is available to anyone who has uncomplicated returns. An appointment is required; no walk-ins will be accepted. Please call 301-468-4179 between 9 a.m. and 3 p.m. weekdays to schedule an appointment.



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Visit or call Brighton Gardens at Friendship Heights to see what we do to make our community into a place seniors can call home.

**Join us for a Chinese themed dinner on Wednesday, January 11 from 5:00pm-7:00pm.
RSVP to Sue at 301-656-1900 by January 3, 2006.**


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Village Council Corner

Last Call for Flu Shots at the Center

Friday, Jan.13 will be your lucky day if you haven't received a flu shot yet this season. Vaccines will be administered by the MedStar Health Visiting Nurses Association at the Village Center from 9:30 a.m. to 10:30 p.m. The cost is \$35 (cash or check payable to Visiting Nurses Association). Individuals with Medicare Part B or Medicaid will not be charged (bring your card). **You must have an appointment to receive a shot.** Call 301-656-2797 to register.

Council actions at the Dec. 12 public session:

- Approved distribution of \$35,000 to Montgomery Municipal Cable from cable television grant received from Montgomery County;
- Approved increase in security guard contract to provide raise for daytime security guard;
- Adjourned into executive session under Section 10-508(a)(1)(i) of MD Code for personnel issues.

Emergency Information Cards Available

Do you have quick and easy access to all your emergency information? The "File of Life," developed by the Montgomery County Department of Health and Human Services, is a card

to store your emergency contacts, medical data and other important

information. The card comes in a magnetic pouch that you can put on your refrigerator.



Another useful resource is a Personal Preparedness Plan foldout card that fits in your wallet. The card contains emergency preparedness tips and has room to list your emergency contact and medical information (www.makeaplan.org).

Both of these items are available in limited quantities at the Village Center front desk. Stop by and pick yours up anytime while supplies last.

The Village Council wishes you a very happy and healthy New Year!



Friendship Heights

VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
Chevy Chase, Maryland 20815

Check out our website:

www.friendshipheightsmd.gov

e-mail: info@friendshipheightsmd.gov

phone: 301-656-2797

January 2006 events calendar